

# A Bout My Parents And Family



Written and Illustrated by Joshua Frase  
Mrs. Weitz' Class  
Ocean Palms School 2004-05



On February 2, 1995, there was a boy born named Joshua Miles Frase, but he was born with a disease called Myotubular Myopathy. This disease can kill people, but this kid was lucky! The doctors thought Joshua wouldn't live, but he did. Today he is healthy, goofy, and has a great sense of humor.



To Joshua's parents amazement Joshua was, and is, a tremendous fighter. He has suffered so much in his young life. When I was born noone expected me to live to my first birthday. Well, here I am, and I just celebrated my tenth birthday. I celebrated with my family at Discovery Cove and Disney.



Boston hospital



My parents work really hard on a foundation, in my name, to raise money for other kids with muscle disease. The money is also used to help Boston Children's Hospital do research, in the hope, of finding a cure for my disease, as well as, other muscle diseases.



My Dad, Paul Frase, is a home builder who currently builds condominiums in Jacksonville, Florida, where we live. He played football for the Jets, Jaguars, Green Bay Packers, and the Baltimore Ravens. He played for a total eleven years in the National Football League. His number was 91, and he was a Defensive Lineman. One year he hurt his back, and had surgery. He continued to play football, after his recovery, for five more years. Unfortunately, his career ended. I bet he was really upset when he retired, and I was too. I enjoyed watching him play on television, and listening to the stories he told me about his career. My Dad is so handsome, and strong. He takes me to cool places like football games, and my very first Nascar race! He also holds, and hugs me, and that makes me feel very loved. I love to be hugged by him.





My Mom is Alison Frase. She is so sweet, and kind. She is in charge of my foundation, and runs the whole thing. This keeps her really busy on the computer. She is constantly contacting people, and checking the website for the foundation. In the past, she also had an antique shop with a friend. My Mom is very special to me because I know she loves me with all her heart. She is also very beautiful. Mom smooches on me every morning, and tells me, "you better not kiss anyone else like this." That makes me feel special because those kisses are just for us!



My sister, Isabella is three years old. She was a blessing to my parents. Today she is a toddler, and she was the cutest baby I ever saw. We are typical syblings that fight alot. She always wants everything that I have! She always says, "that's mine!" But, I really do love her. She will be my best helper as she grows up. Isabella is also very goofy like me, and likes to play playstation games. Well not really, we give her the controller, and she thinks she is playing the game with me. This makes her happy.

## About The Author

Joshua Frase is ten years old, and attends Ocen Palms Elementary School as a fourth grader. His teacher is Mrs. Weitz whom he really likes. He has his favorite subjects in school which are History, and Science. He has published two previous books, this one being his third. He was born in Dallas, Texas on February, 2, 1995 to Paul and Alison Frase. Joshua has made many friends throughout his life, one of which he has known since he was very young. That boy's name is Chase.